

# Med-A-Scoop

## Indiana Society of Medical Assistants

### Dear ISMA Members:

Wow what a great state conference we had in Edinburg, Indiana. Thanks to Jane Seelig, CMA-A (AAMA), Rebecca Norman, CMA (AAMA), CMBS, and the entire East Central District chapter, you ladies really know how to put on an awesome conference with such attention to details. I hope you had a chance to speak with our AAMA representative, Freda Miller, CMA (AAMA). It was a great opportunity to have her at our conference.

I would like to congratulate Rita Michel, CMA (AAMA) on receiving the Leon Levi award. Anyone who knows Rita knows she is truly deserving of this award.

Thanks to all who supported our society thru giving in the chapter raffles and our special raffle for IWIN (Indiana Women in Need, that helps women with breast cancer) and also for the Wounded Warriors. Congratulations to Santa Bruce who won the 50 inch TV in the IWIN raffle.

My theme is CMA's the Great Transformers. I chose this because on a daily basis we all make many transformations daily to meet the needs of the day.

As we continue to evolve as CMA's I want you to know ***"That until you spread your wings you will never know how far you can fly."***

Our next workshop will be on Saturday, June 25, 2016, and will be on leadership. Please bring all of your chapter leaders for this meeting. Please feel free to contact myself or Jane with any questions.

Clara Poirot, CMA (AAMA) CN-BC



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### 2016-2017 ISMA STATE BOARD MEETINGS AND WORKSHOPS

ALL State Board Meetings will be held at  
Harrison College  
Main Medical Campus  
8150 Brookville Rd., Indianapolis, IN 46239

<u>Meeting Dates</u>	<u>Med-A-Scoop Deadline</u>
June 25, 2016	May 5, 2016
August 27, 2016	July 7, 2015
Nov 5, 2016	Sept 15, 2016
Feb 11, 2017	December 21, 2016
April 21-23 2017	March 3, 2017

Please mail or email all district news for publication directly to Pam Neu, CMA (AAMA)  
4805 East 640 South  
Wolcottville, IN 46795  
Email: [msneu@yahoo.com](mailto:msneu@yahoo.com)

**CMAs The Great Transformers**

## ISMA Physician Advisors 2016-17

### Scott Guenther, M.D.

The Dermatology Center of Indiana  
Plainfield, IN  
1 year

### Jeff Stidam, M.D.

Jewish Hospital  
Louisville, KY  
2 years

### Kristi Peck, M.D.

Evansville Surgical Associates  
Evansville, IN  
3 years

## ISMA Honorary Members

1980 Herbert Dixon\*  
1997 Bruce Johnson  
Hubert Irwin\*  
2008 Earl Williams\*  
2013 Jack Begley  
Kathy Heck

## ISMA Life Members

1992 Bonnie Reidenbach, CMA-AC  
1994 Patricia Kennington, RN, CMA\*  
2005 Eva Irwin, CMA\*  
2011 Eulah Dearing, CMA (AAMA)  
2012 June Brown, RMA  
2015 Tammy Daily, CMA (AAMA)

\*Denotes deceased

## Leon Levi Award Recipients

1988 Patricia Kennington, RN, CMA\*  
Jane Seelig, CMA-A  
Pauline Pinnick, CMA  
1990 Bonnie Reidenbach, CMA-AC  
1991 Bettye Yard, CMA-C\*  
1998 Norma Harmon, CMA  
2001 Eva Irwin, CMA\*  
2002 Eulah Dearing, CMA  
2010 Marjorie Mikesell, CMA  
2013 Tammy Daily, CMA (AAMA)  
2014 Sandra Johnson, MS, CMA (AAMA),  
CPC  
2015 Rita Michel, CMA (AAMA)

## Medical Assistant Creed

I believe in the principles and purposes of the  
profession of medical assisting.  
I endeavor to be more effective.  
I aspire to render greater service.  
I protect the confidence entrusted to me.  
I am dedicated to the care and well being of all  
patients.  
I am loyal to my employer.  
I am true to the ethics of my profession.  
I am strengthened by compassion, courage, and faith.

## ISMA Mission Statement

The Indiana Society of Medical Assistants, in affiliation  
with the American Association of Medical Assistants,  
strives to:

- Promote professional growth of and identify its  
membership through education and credentialing;
- Inspire members to provide honest, loyal and efficient  
service to the public they serve and the profession;
- Stimulate a feeling of fellowship and cooperation with  
the medical professional in improving public relations;
- Encourage and assist medical assistants in forming  
component chapters.

## Indiana State Medical Assistants Code of Ethics

E is for Endeavor in our duties  
T is for Truthfulness in all we do  
H is for Helpfulness to others  
I is for Integrity in our work  
C is for courteous treatment to all  
S is for sincerity in our purpose

**Put them all together they spell ETHICS, A WORD  
WE MUST UPHOLD TO ATTAIN OUR GOAL**

**J. Marie Theobald Wilhite**



## State Officers:

### President

Clara Poirot, CMA (AAMA), CN-BC  
629 Monroe  
Newburgh, IN 47630  
Home: 812.853.7881  
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E-mail: spiritwind629@hotmail.com

### Vice President

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### Recording Secretary

Jeni Begley, CMA (AAMA)  
3354 North 1150 West  
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### Immediate Past President

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### Med-A-Scoop Editor

#### Website

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## District Directors:

### East Central

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**INDIANA SOCIETY OF MEDICAL ASSISTANTS**

**Board of Directors Meeting**

**Hilton Garden Inn**

**Edinburgh IN**

**Friday, April 22, 2016**

Call to Order: President Joyce Edds, CMA (AAMA), CPT (ASPT) called the meeting to order at 5:05 pm.

Invocation: Cate Gardner, CMA (AAMA) gave the invocation.

Medical Assistants Creed: Clara Poirot, CMA (AAMA) led all in reciting of the Creed.

Introductions: President Edds introduced the elected, appointed officers, District Directors and Alternates.

Credentials Report: There were 20 members registered for the meeting. Voting power was 14, 2/3 vote was 10, quorum and majority vote was 8.

Secretary Report: Jane Seelig, CMA-A (AAMA) indicated the minutes were published in the Med-A-Scoop. There were no corrections.

Treasurer's Report: Rita Michel, CMA (AAMA) indicated the report for February 20 was published in the Conference Book. Financial report February 20 to April 22, 2016:

Balance on Hand: \$45,693.24

Income: \$428.00

Expenses: \$3,516.01

Balance 4/22/16: \$42,605.23

Including \$14,750.94 matured Certificate of Deposit

Certificate of Deposit \$29,676.65

Eva I Irwin CMA (AAMA) Education Support Fund: \$4,679.19

Student Support Fund \$1,407.00

Presentation of Bills: There were no non-budgeted bills to present.

Correspondence: No correspondence received since last meeting.

Officer Reports: None

Committee Reports:

Bylaws They are current and posted on the website.

Certification: Twenty four recertified (within the last year) and newly certified members will be recognized at the Saturday evening banquet.

Continuing Ed: No report

Membership **Jeni Begley, CMA (AAMA)** reported that we have 1,223 members.

Procedure Manual **Jane Seelig CMA-A (AAMA)** reported that there was one update to the dollar amount for the Chapter Door prize raffled at the annual business meeting.

ISMA Liaison **Tammy Daily, CMA (AAMA)** reported that Indiana State Medical Association has no information available regarding their convention.

The Eva I. Irwin CMA (AAMA) Medical Assistant

Program Fund **Sandra Johnson, MS, CPC, CMA (AAMA)** reported one program would be receiving \$500 at the Saturday evening banquet.

Ways and Means: **Sandra Johnson, MS, CPC, CMA (AAMA)** requested the raffle baskets be brought down to Santa Bruce on Saturday morning.

2016 State Conference **Jane Seelig, CMA-A (AAMA)** announced one correction to the Program Book: add Brightwood College as a contributor.

2017 State Conference **Jeni Begley, CMA (AAMA)** reported that conference will be held April 21-23, 2017.

2018 State Conference **Pam Neu, CMA (AAMA)** reported that the conference will be held April 20-22, 2018 at the Oakwood Resort on Lake Wawasee in Syracuse, IN.

Chapter Reports None

Unfinished Business

Proposed Budget **Rita Michel, CMA (AAMA)** presented the proposed budget which is published in the Annual Business Meeting book.

New Business

Election of Physician

Advisor Kristi Peck, MD, Evansville Surgical Associates was unanimously approved.

Announcements: None

Adjourn: The meeting adjourned at 6:16 pm

Jane B. Seelig, CMA-A (AAMA)

**INDIANA SOCIETY OF MEDICAL ASSISTANTS**  
**Board of Directors Meeting**  
**Hilton Garden Inn**  
**Edinburgh IN**  
**Sunday, April 24, 2016**

Call to Order: President Clara Poirot, CMA (AAMA), CN-BC called the meeting to order at 11:54 am.  
Invocation: Chaplain Joyce Edds, CMA (AAMA), CPT (ASPT) gave the invocation.  
Medical Assistants Creed: Vice President Jane Seelig, CMA-A (AAMA) led all in reciting of the Creed.  
Introductions: Introductions were bypassed.  
Credentials Report: There were 19 members registered for the meeting. Voting power was 13, 2/3 vote was 9; quorum and majority vote was 7.  
Secretary Report: Jenifer Begley, CMA (AAMA) No report  
Treasurer's Report: Rita Michel, CMA (AAMA) reported the PIPs raised \$252  
Presentation of Bills: There were no non-budgeted bills to present.  
Correspondence: No correspondence received since last meeting.  
Officer Reports: None  
Committee Reports:  
    Bylaws They are current and posted on the website.  
    Certification: No report  
    Continuing Ed The June 25 topic will be Leadership training for new officers.  
    Membership No report  
    Procedure Manual No report  
    ISMA Liaison No report  
    The Eva I. Irwin CMA (AAMA) Medical Assistant  
    Program Fund No report  
    Ways and Means Sandra Johnson, MS, CPC, CMA (AAMA) collected \$782 through raffle baskets and \$570 for Wounded Warriors.  
    2017 State Conference No report (West Central District)  
    2018 State Conference No report (Twelfth District)  
    2019 State Conference No report (First District)  
Chapter Reports None  
Unfinished Business  
    Donation to Wounded Warriors  
        Jane Seelig, CMA-A (AAMA) moved that we donate \$430 to Wounded Warriors, the motion passed.  
    Debit card for Treasurer  
        Jane Seelig, CMA-A (AAMA) moved that the Treasurer obtain a debit card for the checking account once the banking issues are resolved, the motion passed.  
New Business  
    Election of Past Presidents to Executive Board  
        Tammy Daily, CMA (AAMA) and Sandra Johnson, MS, CPC, CMA (AAMA) were elected to the Executive Board.  
Announcements: June 25 is our next meeting  
    May 5 is the Med-A-Scoop deadline  
    June 1 Chapter Leader information forms due to AAMA  
    June 15 Resumes to Jane for meeting on the 25th  
Adjourn: The meeting adjourned at 12:42 pm

Jeni Begley, CMA (AAMA)  
Recording Secretary

## **MED-A-SCOOP ARTICLE 5-3-2016 FOR JUNE MEETING 2016**

### **ISMA Corner:**

In January of this year the Healthy Indiana Plan (HIP) 2.0 celebrated its One Year Anniversary. It has been reported by the secretary of the Indiana Family and Social Services Administration that it has been an outstanding year and that many Hoosiers are happy that they now have excellent health care coverage.

HIP 2.0 is a consumer-driven health care plan for low-income patients. Participants must contribute to a POWER account, much like a health savings account, and are rewarded for using preventive care. Currently Indiana receives a 100 percent federal match for the HIP 2.0 population.

HIP 2.0 includes four plans: HIP Link, HIP Plus, HIP Basic, HIP State plan Details at [www.in.gov/fssa/hip/2494.htm](http://www.in.gov/fssa/hip/2494.htm)

HIP 2.0 is considered a Medicaid reform, not an expansion. Excellent data regarding success with utilization, member satisfaction and overall effectiveness of the program has been noted.

### **HIP 2.0 FACTS:**

- More than 370,000 Hoosiers are enrolled, 33% in HIP Basic and 67% in HIP Plus
- Nearly 7 out of 10 participants contributed to their health savings accounts
- 52% of members check the balance of their HIP accounts
- Over 3200 HIP members have used the Gateway to Work program
- Additionally, among enrolled patients, 88% are seeing a primary care physician; 77% are seeing a dentist; 69% are accessing vision benefits and over 5000 physicians and health care providers were added to the HIP 2.0 program.
- State officials know that more Hoosiers are eligible for the program but have not enrolled.
- Nearly 200,000 are still eligible. The challenges ahead are to find ways to grow the program and increase participating physicians, especially in rural areas. There is a great need to continue the marketing campaign.

To address problems, contact your managed care entity or email a provider relations representative at [HIP2.0@fssa.in.gov](mailto:HIP2.0@fssa.in.gov)

Tammy Daily, CMA (AAMA) Liaison



## ISMA CODING CORNER



The format and usage of the Table of Drugs and Chemicals for ICD-10-CM (categories T36-T65) is similar to the one in ICD-9 CM. This table is consulted when coding adverse effects, poisonings, toxic effects, and underdosing. Columns of the Table of Drugs and Chemicals include specific headings for poisonings, accidental or unintentional, and intentional or self-harm. Additional columns include poisonings related to assault or undetermined cause, adverse effects, or underdosing.

### Definitions:

Poisoning is a condition caused by drugs/medications (prescribed, over-the-counter, or illegal substances) when taken improperly or not in accordance with the physician's orders. Examples:

- Wrong dosage given in error

- Wrong medication given or taken by the patient (includes prescription medications not prescribed for that person)

- Overdose

- Prescription drugs taken in conjunction with alcohol

- Prescription drugs taken with OTC medications not prescribed by the physician

Adverse effect of a drug is when the patient is prescribed or takes a medication properly administered in therapeutic or prophylactic dosage, but has a side effect or reaction to the medication.

Overdose is intentionally taken or administered substance that results in drug toxicity.

Toxic effect is when a harmful substance is ingested or comes in contact with a person.

Suicide attempt is a self-inflicted poisoning.

Assault is a poisoning inflicted by another person who intended to harm or kill the victim.

Underdosing is taking less of a medication than is prescribed by a provider or manufacturer's instruction.

Underdosing is a new category to ICD-10CM. ICD-10-CM defines underdosing as "taking less of a medication than is prescribed by the provider or the manufacturer's instructions," or a dose too small to effect a clinically relevant response. ICD-10-CM also contains codes to indicate noncompliance. Example:

Patient seen in ED for acute deep vein embolism and thrombosis (DVT) of the lower right leg –

- I82.4Z1

- Coumadin, poisoning by underdosing, initial encounter in the ED – T45.516A

- Reason for noncompliance – financial hardship of the patient – Z91.120

It is important the main reason for the encounter is the first-listed or principal diagnosis. Additional codes such as the poisoning and noncompliance codes are classified for statistical purposes.

Sandra Johnson, MS, CPC, CMA (AAMA)



LEADERSHIP  
TEAM BUILDING  
NETWORKING  
ORGANIZATIONAL SKILLS  
WHERE TO FIND WHAT

**STATE/CHAPTER/DISTRICT OFFICERS,**  
**COMMITTEE CHAIRS & MEMBERS**

**MARK YOUR CALENDARS**

**June 25, 2016**

**THIS WORKSHOP IS FOR YOU**

11:00 AM TO 3:00 PM

LUNCH PROVIDED

PREPARE FOR THE COMING YEAR OF LEADERSHIP AND PARTICIPATION

**4 CEUS**

**NO REGISTRATION FEE**

RSVP TO JANE SEELIG, CMA-A (AAMA)

[janeeseelig@att.net](mailto:janeeseelig@att.net)



# WHO NEEDS TO ATTEND THE WORKSHOP

## Saturday June 25, 2016

This workshop is intended to provide

- information
- tips
- resources
- education
- guidance
- engagement

for members who have recently assumed office, desire to become a leader or want to know the **why's, how's** and **where's** of AAMA, ISMA and your individual district. There will be resource material available as well as seasoned members to respond to your questions or concerns.

If you are a state or district officer or committee chair —mark your calendar and

● **plan to attend.** If you are interested in volunteering to increase your involvement in our association, **plan to attend.** *While this is not a requirement of office, it will help you to complete your term of leadership with confidence and success.*

To encourage attendance, there is no charge for this event. Lunch will be served. There will door prizes, too, so review your governing documents to be a winner.

The Indiana Society of Medical Assistants is 60 years old and we want to be in existence for at least another 60 years. To do this we need to mentor and develop members to be our future leaders.

## WE WANT YOU!



## ADDITIONAL DEADLINES

Membership Dues	<u>December 31, 2016</u> to be eligible to vote at ISMA Annual Conference
Medical Assistant of the Year	Nominations by Chapters to President by January 1, 2017 and forwarded to Physician Advisors (3) by February 1, 2017 for judging. Award to be presented at Annual State Conference Banquet.
Leon Levi Award	Nominations to President by <u>February 1, 2017</u> for judging. Award to be presented at Annual State Conference Banquet.
Golden Apple Award	Nominations to President by <u>February 1, 2017</u> . Award to be presented at Annual State Conference Banquet.
Nominating Slate (Officers)	Slate of Officers to be presented at <u>February 2017</u> State Board Meeting.
Bylaws, Standing Rules, Resolutions	Any suggested changes to membership is needed <u>60 days</u> prior to Annual State Conference. This also includes any proposed changes to Bylaws, Standing Rules, Etc.

Sunday, June 19 is **Father's Day**, the annual holiday where Americans celebrate the men who made them. You may love dear old dad, but how much do you actually know about the observance in his honor? Brush up on your Father's Day background before the big Sunday barbecue.

Father's Day officially began in 1910 in Spokane, Washington, where 27-year-old Sonora Dodd proposed it as a way to honor the man who raised her when her mom died in childbirth. Dodd was at a church service thinking about how grateful she was for her father when she had the idea for Father's Day, which would mirror Mother's Day but be celebrated in June -- her dad's birthday month.

The movement grew for years but didn't gain national-event status until 1924 under former President Calvin Coolidge. He said it would "establish more intimate relations between fathers and their children" and "impress upon fathers the full measure of their obligations," according to the Library of Congress Wise Guide.

The holiday gained traction during World War II, and in 1966 President Lyndon B. Johnson proclaimed the third Sunday of June to be Father's Day. President Richard Nixon made it a federal holiday six years later.

Today, Father's Day has a passionate following, with about three-quarters of Americans telling the National Retail Federation they plan to celebrate on Sunday. Here are more facts about the holiday: Census data shows there are more than 70.1 million dads in the U.S.

1. About a third of them are married with kids under 18.
2. Two million fathers are single.
3. Spending on Father's Day will reach about \$12.7 billion this year, with the average person spending about \$115.57 on presents. That's about \$2 more than last year's average.
4. The amount spent on Father's Day is still less than what Americans spend on Mother's Day -- \$21 billion. Father's Day is the fourth-biggest day for sending greeting cards, after Christmas, Valentine's Day and Mother's Day, according to the Greeting Card Association.
5. About 20 percent of Father's Day cards are bought for husbands.
6. More than 214,000 men are stay-at-home dads.
7. Thailand's Father's Day is celebrated in December, on the birthday of King Bhumibol Adulyadej. Every one wears yellow.
8. On Father's Day in Germany, men drink all day at beer gardens.

## **HAPPY FATHER'S DAY!!!!!!**

# Celebrating Memorial Day:

Memorial Day is a day that commemorates U.S. soldiers who died while in military service. We honor and celebrate them on this day with parades, fireworks, and family gatherings. Memorial Day also marks the unofficial start to summer and is a popular weekend for trips to the beach, cookouts, and pool parties. Plan your weekend celebration with these Memorial Day party ideas that include recipes, cookout tips, decorating ideas, and much more!

## Memorial Day Cookout Recipes

Memorial Day cookout recipes will add an extra special touch to your Memorial Day celebration. Plan a drink recipe that is cool and refreshing. Choose Memorial Day recipes for the main meal that can be easily cooked on the grill so you can spend the rest of the time with your guests. For dessert, select a sweet treat that is both delicious and patriotic.

Memorial Day cookout ideas and recipes:

- **Drink Recipe:** Make a signature Memorial Day drink such as fresh strawberry lemonade. Offer alcoholic and non-alcoholic recipes for kids and adults. Wet the rim of the glass with a damp cloth and dip in granulated sugar. Top it off with a sliced strawberry as a garnish - this recipe is such a great balance of sweet and tart, it's bound to be a hit!

### Ingredients:

1 ½ cups of sugar  
4 cups of water  
2 cups of fresh strawberries without leaves  
1 tablespoon of finely shredded lemon peel  
1 cup of fresh lemon juice

### Directions:

Put one cup of sugar and one cup of water in a small pan. Cook the sugar and water on a medium heat until the sugar dissolves. Let the sugar and water cool. Place three cups of water, ½ cup of sugar and strawberries in a blender, and continue to blend until they are smooth. Put the mixture into a two quart pitcher, along with the cooled sugar and water mixture, lemon peel, and lemon juice. Stir everything together. Place the mixture in the refrigerator. Before serving, fill pitcher with crushed ice. This recipe will make 8, 8-ounce glasses of yummy strawberry lemonade.

- **Meal Recipe:** Take advantage of cooking outside and prepare a meal on the grill. Stuffed hamburgers are delicious for lunch or dinner, and require only a short amount of preparation time.

### Ingredients:

1 ½ lbs of lean ground chuck  
1 bag of shredded sharp cheddar  
1 bag of shredded colby jack cheese  
4 hamburger buns

1 tablespoon butter

Salt and pepper

### Directions:

Divide the ground chuck into eight equally-sized hamburger patties. Flatten the patties with a fork, so that each has a height of four inches. Combine the cheeses in a bowl and sprinkle in the center of four patties. Place the remaining four patties over the four with cheese. Use a fork to press the edges together so that the patties are sealed. Sprinkle with salt and pepper and grill over medium heat (burgers are usually done when you can see the cheese melting). Slice and butter each bun and place on the grill for few minutes to toast them lightly. The result is a delectable, cheesy burger ready for toppings!

Choose the hamburger stuffing based on the preferences of your guests. Try experimenting with vegetables, bacon and other soft cheeses. Prepare a variety of condiments like pickles, several types of mustard, ketchup and mayonnaise. You're bound to get mouth-watering results!

- **Dessert Recipe:** A yummy dessert to serve on Memorial Day is an American flag cake. The cake will be patriotic AND delicious!

### Ingredients:

1 vanilla cake mix (eggs, water and butter)  
1 container of vanilla frosting  
2 cups of strawberries, cut in quarters  
½ cup of blueberries

### Directions:

Using either a store-bought cake mix or your own recipe, bake a vanilla cake according to the directions given. Once the cake has cooled, frost the entire cake with vanilla frosting. Make a square in the upper left hand corner using blueberries for the stars of the flag. Create the lines of the American flag by placing the quarter pieces of strawberries next to one another in horizontal lines. Voilà! Your flag cake is complete!

**Official Newsletter of the  
Indiana Society of  
Medical Assistants, Inc.**

*An Affiliate of the American Association of  
Medical Assistants*

Pam Neu, CMA (AAMA), Editor  
4805 E 640 S  
Wolcottville, IN 46795

***Return Service Requested***

**NOTICE– If you have a name or address change PLEASE Notify  
National AAMA at  
1-800-ACT-AAMA or [www.aama-ntl.org](http://www.aama-ntl.org)**

Directions to Harrison College-Medical Campus  
8150 Brookville Road  
Indianapolis, IN 46239

**From the North**

Take I-465 East (turns into I-465 South) to the Brookville Road (Hwy 52) Exit 47. Turn right (East) onto Brookville Road. Go through one stoplight. Turn left at the second light and right onto the road behind the gas station. This leads into the school parking lot. Enter the building at the door on the far right.

**From the West**

Take I-465 South (turns into I-465 East) to the Brookville Road (Hwy 52) Exit 47. Turn right (East) onto Brookville Road. Go through one stoplight. Turn left at the second light and right onto the road behind the gas station. This leads into the school parking lot. Enter the building at the door on the far right.

**From the East**

Take I-465 South to the Brookville Road (Hwy 52) Exit 47. Turn right (East) onto Brookville Road. Go through one stoplight. Turn left at the second light and right onto the road behind the gas station. This leads into the school parking lot. Enter the building at the door on the far right.

**From the South**

Take I-465 East to the Brookville Road (Hwy 52) Exit 47. Turn right (East) onto Brookville Road. Go through one stoplight. Turn left at the second light and right onto the road behind the gas station. This leads into the school parking lot. Enter the building at the door on the far right.