Med-A-Scoop

A Publication by the Indiana Society of Medical Assistants

Greetings ISMA Member:

Karen Pershing, CMA (AAMA), ISMA Vice President hosted an outstanding professional development workshop for our members on June 8, 2019. The information presented by Jenifer Begley, CMA (AAMA); Sandra Johnson, CMA (AAMA) CPC; Joyce Edds, CMA (AAMA) CPT (ASPT); Pam Neu, CMA (AAMA) MBA; and Rita Michel, CMA (AAMA) was epic. Very useful and valuable information was shared, so if you could not attend, contact me or your district Director to get copies of the distributed material. Greatest appreciation to everyone who participated and made this workshop so very special.

A new form of recognition for Board of Directors meeting attendance is being developed. To qualify you simply attend the meeting after the workshop. All Board of Director members and committee chairs are not eligible. Send your suggestions for what this award should be to me or your district Director. Your time is valuable, so we want to make this award very special. Who we are, does make a difference. Let your voice be heard!!

Many of our districts take a recess from meetings during the summer months, which allow us to regroup, revitalize and make plans for the future. Now is the time to communicate with non-members to entice them to join AAMA after September 1, when they gain the benefit of three additional months for their dues dollars.

Enjoy your summer fun. August 17th is our next meeting which will be really special. Mark your calendar for a great day of wonderful food, terrific camaraderie and very special education.

Jane Seelig, CMA-A (AAMA)
ISMA President 2018-2020
Proud member since 1978, Certified since 1981

LEADERSHIP IS NOT ABOUT BEING THE BEST.
LEADERSHIP IS ABOUT MAKING EVERYONE ELSE BETTER.



July / August 2019 Issue

Table of Contents

Presidents Letter	1
Creed, Mission Statement	2
Physician Advisors, Awards	3
State Officers/District Directors	4
August 17 Agenda	5
Minutes of June 2019 meeting	6-10
Coding Corner	11
August 17 Meeting Information	12
ISMA WebApp	13
Meeting Dates, Important Deadlines	14
Officers, Committee Chairs, District Directors	15-18
CDC Article-RWI	19-21
Final Notes	21





Medical Assistant Creed

I believe in the principles and purposes of the profession of medical assisting.

I endeavor to be more effective.

I aspire to render greater service.

I protect the confidence entrusted to me.

I am dedicated to the care and wellbeing of all people.

I am loyal to my employer.

I am true to the ethics of my profession.

I am strengthened by compassion, courage, and faith.

ISMA Mission Statement

The Indiana Society of Medical Assistants, in affiliation with the American Association of Medical Assistants, strives to:

- -Promote professional growth of and identify its membership through education and credentialing
- -Inspire members to provide honest, loyal and efficient service to the public they serve and the proficient;
- -Stimulate a feeling of fellowship and cooperation with the medical professional in improving public relations;
- -Encourage and assist medical assistants in forming component chapters.

ISMA Physician Advisors 2019-2020

Kristi Peck, M.D. Evansville Surgical Associates Evansville, IN 3 years

Jeff Stidam, M.D. Jewish Hospital Louisville, KY 2 years

Scott Guenthner, M.D. The Dermatology Center of Indiana Plainfield, IN 1 year

ISMA Honorary Members

1980 Herbert Dixon*
1997 Bruce Johnson
Hubert Irwin*
2008 Earl Williams*
2013 Jack Begley
Kathy Heck

ISMA Life Members

1992 Bonnie Reidenbach, CMA-AC* 1994 Patricia Kennington, RN, CMA* 2005 Eva Irwin, CMA* 2011 Eulah Dearing, CMA (AAMA) 2012 June Brown, RMA 2015 Tammy Daily, CMA (AAMA) 2018 Marjorie Mikesell, CMA (AAMA)

^{*}Denotes Deceased



Leon Levi Award Recipients

1988 Patricia Kennington, RN, CMA*
Jane Seelig, CMA-A
Pauline Pinnick, CMA

1990 Bonnie Reidenbach, CMA-AC*

1991 Bettye Yard, CMA-C* 1998 Norma Harmon, CMA

2001 Eva Irwin, CMA*

2002 Eulah Dearing, CMA

2010 Marjorie Mikesell, CMA

2013 Tammy Daily, CMA (AAMA)

2014 Sandra Johnson, MS, CMÁ (AAMA), CPC

2016 Rita Michel, CMA (AAMA)

2019 Pam Neu, CMA (AAMA), MBA

Golden Apple Recipients

2000 Eva Irwin, CMA*

2003 Sandra Johnson, MS, CMA (AAMA), CPC

2004 Nancy Measell, CMA

2005 Cindy Abel, BS, CMA

2006 Pam Neu, CMA (AAMA), MBA

2009 Jennifer Weathers, CMÁ (AAMA)

2010 Rita Michel, CMA (AAMA)

2012 Nina Thierer, CM À (AAMA)

2019 Sherry Braye, CMA (AAM), BS

*Denotes Deceased



State Officers:

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ISMA Board of Directors Agenda **August 17, 2019**

Call to Order Jane Seelig, CMA-A (AAMA), President Invocation Heidi Sisson, CMA (AAMA), Chaplain

Karen Pershing, CMA (AAMA), Vice President Medical Assistant Creed

Credentials Report June Brown, RMA, Chair

____ registered ____ voting power __7_ quorum ____ majority ____ 2/3 Jane Seelig, CMA-A (AAMA), President

Introductions

Dianne Wimsett, CMA (AAMA) Secretary's Report

Treasurer's Report Joyce Edds, CMA (AAMA), CPT (ASPT)

Presentation of Bills Jane Seelig, CMA-A (AAMA)

Paula Schubert, CMA (AAMA), CPT (IAPS) Corresponding Secretary Correspondence

Officer Reports President - Jane Seelig, CMA-A (AAMA) Vice President - Karen Pershing, CMA (AAMA) Secretary - Dianne Wimsett, CMA (AAMA)

Treasurer - Joyce Edds, CMA (AAMA), CPT (ASPT)

Med-A-Scoop/Website Development - Pam Neu, CMA-A (AAMA), MBA

Immediate Past President - Clara Poirot, CMA (AAMA), CN-BC

Budget & Finance - Joyce Edds, CMA (AAMA), CPT (ASPT) **Committee Reports**

Bylaws & Standing Rules - Cate Gardner, CMA (AAMA)

Certification - Jeni Begley, CMA (AAMA)

Continuing Education - Karen Pershing, CMA (AAMA)

Council of Past Presidents - Clara Poirot, CMA (AAMA), CN-BC

Eva I Irwin CMA (AAMA) Medical Assistant

Support Fund - Sandra Johnson, MS, CMA (AAMA), CPC

Historian - Dorothy Geiger, CMA (AAMA) ISMA Liaison - Tammy Daily, CMA (AAMA) Membership - Clara Poirot, CMA (AAMA), CN-BC

Mentoring - Rita Michel, CMA (AAMA)

Procedure Manual - Paula Schubert, CMA (AAMA), CPT (IAPS) Ways & Means - Sandra Johnson, MS, CMA (AAMA), CPC

2019 State Conference - Tammy Daily, CMA (AAMA)

2020 State Conference – Joyce Edds, CMA (AAMA), CPT (ASPT)

2021 State Conference – Brandi Gaumer, CMA (AAMA)

East Central District – Paula Schubert, CMA (AAMA), CPT (IAPS) **District Reports**

> First District – Marianne Hawker Green CMA (AAMA) St. Joseph District – Brandi Gaumer, CMA (AAMA) Southeast District - Sandra Johnson, CMA (AAMA), CPC

Twelfth District – Rita Michel, CMA (AAMA)

West Central District – Melissa Taylor, CMA (AAMA)

Unfinished Business Marketing participation to non-members

Encouraging participation to members & students

New Business AAMA Delegate's packet

AAMA Annual Conference attendee assignments

Med-A-Scoop Deadline August 31, 2019 **Announcements**

Next meeting November 2, 2019 at Community Hospital South

Executive Board Meeting 10:00 am

Meal 11:00 am

Workshop 12 Noon – 3:00 pm Board of Directors Meeting 3:15 pm

Adjournment

INDIANA SOCIETY OF MEDICAL ASSISTANTS BOARD OF DIRECTORS MEETING

Community South Hospital Indianapolis, IN June 8, 2019

Call to Order President Jane Seelig, CMA-A (AAMA) called the meeting to order at

3:35 pm.

Invocation Chaplain Heidi Sisson, CMA (AAMA) gave the invocation.

Medical Assistant Vice President, Karen Pershing, CMA (AAMA) led the reciting of the

Creed Medical Assistant Creed.

Introductions President Jane Seelig, CMA-A (AAMA) asked all the Medical Assistants

of the Year, Leon Levi, Golden Apple, Life Members, Immediate

Past Presidents, and Appointed officers stand.

Credential Report LaTress Woodley, CMA (AAMA), Vice Chair gave the credential report.

There were 17 registered for the meeting with a voting power of 12.

There was a guorum of 7, a majority of 7 and a 2/3 vote of 8.

Secretary's Report Dianne Wimsett, CMA (AAMA) – The minutes for the Pre-Conference

Board meeting, Annual Business Meeting, and the Post Conference Board meeting were published in the Med-A-Scoop. The report was filed for

audit.

Treasurer's Report Joyce Edds, CMA (AAMA), CPT (ASPT) gave the Treasurer's Report.

Balance	\$34,040.74
Total Income	\$ 1,804.38
Total Expenses	\$ 6,228.95
Total as of June 6, 2019	\$29,616.17
Certificate of Deposit (#9561)	\$30,967.38
Certificate of Deposit (#70408)	\$15,420.62
Total of CD'S	\$46,388.00
Eva I Irwin, CMA (AAMA) Education fund	\$ 4,121.91
Student Support Fund	\$ 1,798.00

The report was filed for audit.

Presentation of bills Jane Seelig, CMA-A (AAMA), - No non-budgeted bills were presented.

Correspondence Paula Schubert, CMA (AAMA), CPT (IAPS), Corresponding Secretary –read the

correspondence.

- -Kathy Heck Thank-you card.
- -Susan Hawes, CMA (AAMA), MBA, RHIT, FACMPE Sent a letter to Jane Special recognition to volunteers who have dedicated themselves to the progress of the Association and the profession.
- -Susan Hawes, CMA (AAMA), MBA, RHIT, FACMPE —Letter June Board of Trustees/Endowment Meeting to be held June 7-8, 2019 at Homewood Suites by Hilton Downtown, Chicago, IL.
- **-Letter Erica Schmidt, Executive Director Ivy Tech** Letter Thank-you for the donation of \$500 to the Ivy Tech Community Foundation Golden Apple Award.
- -Jane Seelig, CMA-A (AAMA) Contribution to the Indiana Society of Medical Assistants honoring Dorothy Geiger, CMA (AAMA), Joyce EDDS, CMA (AAMA), CPT (ASPT), Bruce Johnson, Honorary Member, Sandra Johnson, CMA (AAMA), MS, CPC, Kristi Peck, MD, Jeff Stidham, MD, Scott Guenthner, MD and general membership.

Officer Reports

President – Jane Seelig, CMA-A (AAMA) - - Roosters were distributed. A corrected one will be emailed. She has inserts for the board book if anyone needs them.

Vice President – Karen Pershing, CMA (AAMA) - No report.

Secretary Report – Dianne Wimsett, CMA (AAMA) – No report.

Treasurer – Joyce Edds, CMA (AAMA), CPT (ASPT) – No report.

Med-A-SCOOP/Website Development - Pam Neu, CMA (AAMA), MBA -

The Med-A-Scoop was published on the website on May 20, 2019. It was large, but presented no problems. The next Med-A-Scoop is due June 22, 2019. That gives everyone 14 days to get everything to get everything together. The website has been up updated with district/chapter/state officers. Please make sure she has received your permission form to publish the information. If you are having trouble seeing updates on the website from your phone, make sure you refresh the phone page every time you open the web app. This allows you to see all updates. Send information you want on the website and she will update in a timely manner.

Immediate Past President – Clara Poirot, CMA (AAMA), CN-BC – No report.

Committee Reports

Budget & Finance – Joyce Edds, CMA (AAMA), CPT (ASPT) – No report.

Bylaws & Standing Rules – Cate Gardner, CMA (AAMA) – There is one change that will be discussed at a later meeting. If anyone has changes since the state meeting send them to her by regular mail. Her address is on the spreadsheet.

Certification – Jeni Begley, CMA (AAMA) – Jane sent her a list of new CMA's. She will send out an invite to those members to attend the state meetings. Districts can go to the website and print out a list of new CMAs and non renewing CMAs for their district.

Continuing Education – Karen Pershing, CMA (AAMA) – The program today was on Leadership, Communication, Computer and Skills. There were 22 in attendance. Certificates of Attendance were made available to all attendees. There were 3 CEU'S earned either general or administrative.

Council of Past Presidents – Clara Poirot, CMA (AAMA), CN-BC –Published in the Med-A-Scoop. There was \$276 made from the PIPS at the conference. It was decided that the State would match the total made. Half of the money raised would go to the Eva I Irwin Fund and half would go to the Student Support Fund.

Eva I. Irwin CMA (AAMA) Medical Assistant Support Fund – Sandra Johnson, MS, CMA (AAMA), CPC – No report.

Historian – Dorothy Geiger, CMA (AAMA) – No report.

ISMA Liaison – Tammy Daily, CMA (AAMA) – The report was printed in the Med-A-Scoop.

The Indiana Society of Medical Assistants will be represented at the Indiana State Medical

Association conference even though that is when the National Conference is being held. Rebecca Norman will be there at the table along with another member.

Mentoring - The suggestions are Team Work, Encourage Student Involvement, Involve the local Clinics/
Practices, and Make Everyone Feel Welcome. This will be printed more in depth in the Med-A-Scoop.
Please review and let her know if you plan to implement or have already applied any of these suggestions. Jane presented a questionnaire the she discovered in her files that if interested can be used for the committee.

Procedure Manual – Paula Schubert, CMA (AAMA), CPT (IAPS) - At this time she is looking at the history section of the Procedure Manual. Once obtained will be forwarding that information to the PIPs, for further recommendations.

Ways & Means – Sandra Johnson, MS, CMA(AAMA), CPC – There was \$205 raised from the raffle. The following is a list of profits from the Ways & Means items this year for our society. A raffle basket or bag has been featured at every board meeting, donated by individual chapters/districts. Each state board meeting/continuing education presentation also features a raffle basket donated by the district as listed below. The traditional silent auction will be featured in November with our Souper Saturday pitch-in lunch. As most of you are aware, we can no longer sell items with the CMA logo due to copyright restrictions by the AAMA.

April 6, 2019 – ISMA Conference \$556 (raffle baskets)

\$313 (Wounded Warrior Project raffle)

\$619 (Student Support Fund)

June 8, 2019 (Southeast) Raffle basket

August 17, 2019 (12 District) Raffle

November2, 2019 Silent Auction

February 8, 2020 (East Central) Raffle

April 3-5, 2020 District Raffles

June 2020 (First District) Raffle
August 2020 (St, Joe) Raffle

November 2020 Silent Auction

February 2021 (West Central) Raffle

Santa Bruce suggested the ISMA consider selling socks again. He stated that people ask about socks. Dianne Wimsett, CMA (AAMA) will check with Andrea, who has been making shirts for some of the members. There was a suggestion made to see if we could get the ISMA logo or some kind of medical symbol put on the socks.

Thanks to all who contribute as well as purchase tickets to support our various projects.

2019 State Conference - Tammy Daily, CMA (AAMA) - Defer to next meeting.

2020 State Conference - Joyce Edds, CMA (AAMA), CPT (ASPT) - The 2020 State

Conference will be hosted by the Southeast District and will be held at the Abe Martin Lodge, Brown County State Park, 1450 State Rd. 46 W, Nashville, IN 47448. The conference will be held April 3-5, 2020. The theme for the conference will be 2020 Vision for the Certified Medical Assistant. We have met with Chris Fouke at the Abe Martin Lodge to finalize plans for the 2020 ISMA Conference. Rooms are a little smaller than most of the newer hotel, so two persons per room will probably be more comfortable. Room rates are \$119.00 per night.

Registration fee will be as follows:

Members \$175.00 Non-Members \$200.00 Students \$150.00

Registration forms will be available at the August meeting with a tentative conference schedule. We are planning to offer 8 CEUS for the week-end.

2021 State Conference – Brandi Gaumer, CMA (AAMA) –They are in the process of looking for Hotels.

District Reports

East Central District – Paula Schubert, CMA (AAMA), CPT (IAPS) – On Saturday, May 18, 2019, a workshop was held at Fairbanks, IU. There were 4 CEUs available; from 3 great speakers Tammy Smith, RN, BSN, of IU Health, Jerry Woods, RPh of Walgreens, and Rhonda Carney, AS, CPC, CGSC, CRC, CPC-1 of Community. The installation service was held - **President/Alternate Director** Heidi Sisson, CMA (AAMA), **Vice President/**

Director - Paula Schubert, CMA (AAMA), CPT (IAPS), **Secretary/Ed. Coordinator** Rebecca Norman, CMA (AAMA), **Treasurer** - Jane Seelig, CMA-A (AAMA). Dates were set for future meetings, November 9, 2019 in Greenfield, March 7, 2019 in Fairbanks, May 2, 2019 at IU North, September 26, 2019 in Avon, November 14, 2019 in Greenfield. A meeting will be held on September 21, 2019 with West Central District. at IU Arnett in Lafayette. Our membership is 373.

First District- Marianne Hawker-Green, CMA (AAMA) – First District has continued to be very active Chapter. First District Conference was a big success. We had 82 in attendance and from the comments everyone had a fantastic time! Thank you to everyone who took the time out of their busy schedule to attend. May meeting was our birthday celebration & installation of officers. Tammy Daily, CMA (AAMA) is President, Nicolette Byrn, CMA is Vice President, Tonya Dix, Treasurer, Julie Hampton, CMA is Secretary, Marianne Hawker-Green, CMA is Director, and Tammy Daily, CMA (AAMA) is Alternate Director. Our meetings are held the second Tuesday of the month except for the months of July and August. Our speaker is from 6:30-7:30 and then we have a meeting, 1 CEU is earned for each speaker. We meet at Ivy Tech College, Evansville campus. First District is very happy to have the support from their Medical Assisting Program Professors and the students. Most attend our meetings and join us in our endeavors. The First District Chapter has 216 members.

St. Joseph District – Brandi Gaumer, CMA (AAMA) –St. Joseph District had a board meeting on May 1, 2019. There were 4 members in attendance. Alicia Reichert has resigned from secretary and alternate director for St. Joseph District. Karen Pershing moved to have Cate Gardner as alternate director and Brandi Gaumer as Secretary. Marjorie Mikesell seconded.

2019-2020 officers were installed **President** – Marjorie Mikesell, CMA (AAMA), **Vice President** – Karen Pershing, CMA (AAMA), **Secretary** – Brandi Gaumer, CMA (AAMA), **Treasurer** – Brandi Gaumer, CMA (AAMA), **Director** – Brandi Gaumer, CMA (AAMA), **Alternate Director** – Cate Gardner, CMA (AAMA). The fall workshop will be on October 26 at Elkhart General Hospital. Planning for the 2021 State Conference has started. St. Joseph District has 250 members.

Southeast District – Sandra Johnson, MS, CMA(AAMA), CPC – No report. Southeast District has 132 members.

Twelfth District – Rita Michel, CMA (AAMA) – Twelfth District is on summer break but will begin meeting again on Tuesday, September 10, 2019. Plans are currently being made for programs next year. A fall workshop is tentatively being planned for Saturday, October 19. Mark your calendar and details will follow in the Med-A-Scoop and the ISMA website.

West Central – Melissa Taylor, CMA (AAMA) - A meeting was held to elect officers

Officers - President – Jeni Begley, CMA (AAMA), Vice President – Melissa Taylor, CMA (AAMA), Secretary –
Cindy Abel, CMA(AAMA), Treasurer- Jeni Begley, CMA (AAM), Director – Melissa Taylor, CMA (AAMA),
Alternate Director – Jeni Begley, CMA (AAMA).

Unfinished Business

Members planning to attend AAMA Conference for HOD committees –Who are not a delegate or alternate. Jane will submit names for volunteers for the House of Delegates committees.

Delegates and Alternates attire – White tops and black bottoms. Scarves will be worn during the Welcoming party (Black with Pink) on Friday and The House of Delegate (Black and White) on Sunday. All members attending conference will be allowed to wear a scarf.

Indiana State Medical Association Annual Conference Table – There will representation at the table even though it is the same time as The National Conference in September. The meeting will be held at the Embassy Suites in Noblesville, Indiana. Rebecca Norman will be there along with another CMA.

Meeting location – It was discussed about maybe changing the location of the meetings. Franciscan Health Facility was brought up. The Facility would allow for a larger meeting room.

The room would seat 50 to 70 people. The location is a little more south.

Website app promotion –Local chapters need to let members know about the App. Can eblast members. **New Business**

Election of Nominating Committee – Those nominated for the nominating committee are Rita Michel, Chair, CMA (AAMA), Heidi Sisson, CMA (AAMA), Jackie Vakobratovich, CMA (AAMA), Brandi Gaumer, CMA (AAMA) and Dianne Wimsett, CMA (AAMA). A motion was made by Pam Neu, CMA-A (AAMA), MBA to close the nominations. The motion was seconded by Paula Schubert, CMA (AAMA), CPT (IAPS). The motion was passed.

Roster Distribution – A copy of the roster was handed out. A corrected copy will be emailed.

Annual Conference Schedule – The schedule was changed last year. The schedule will probably stay the same for next year. The post conference board meeting will be at breakfast again next year.

Annual Banquet Program – Santa Bruce and Vendor awards will be given at banquet. The district basket will be given out at after the last class on Sunday. The head table will still march in. Individual award winners will stand all together at the same time.

Proposed award for BOD meeting attendance – Recognition will be given to a member who attends the Board of Directors meeting that has no responsibility. The winner of this meeting is Jackie Vakobratovich, CMA (AAMA).

Announcements

Med-A-Scoop Deadline – June 22, 2019

Next Meeting – August 17, 2019 at Community Hospital South

Executive Board Meeting 10:00 am

Meal 11:00 am

Workshop 12 noon – 3:00 pm

Board of Directors Meeting 3:15 pm

Adjournment - President Jane Seelig, CMA-A (AAMA) adjourned the meeting at 4:50 pm.

Dianne Wimsett, CMA (AAMA) Recording Secretary



ISMA Coding Corner

I recently attended a seminar on the opiate epidemic, with which we are all familiar. However, some interesting factors were presented that I wish to share in this article.

Opioids are a class of drugs that act on opioid receptors to produce morphine-like effects. Primary use medically is to relieve pain, including anesthesia. Some examples are oxycodone, hydrocodone, codeine, morphine, and fentanyl. Heroin is also an example of an opioid.

The terms addiction and dependence are frequently used interchangeably. The National Institute on Drug Abuse (NIH) defines dependence as "a state in which an organism functions normally only in the presence of a drug, disrupting the balance of chemicals in the brain." As the brain adapts, it becomes more tolerant to the substance, whether drug or alcohol. When the drug is stopped, withdrawal occurs as the chemical balance in the brain is disrupted. Dependence can be a warning sign for addiction or abuse.

Addiction is defined by NIH as compulsive behavior caused by biochemical changes in the brain after continued substance abuse that leads to problems in biological, psychological, social and spiritual manifestations. The person physically craves the drug and the drug or substance abuse is the main priority, causing them to act irrationally, sometimes harming themselves or others. Genetics account for about half of the likelihood that a person will develop an addiction problem.

There are two unrelated references used to classify diseases: The International Classification of Diseases, 10^{th} Revision (ICD-10-CM) and the Diagnostic and Statistical Manual of Mental Disorders, 5^{th} edition (DSM-5). The DSM-5 provides mental health clinicians with the criteria and definitions to accurately determine a patient's diagnosis to provide effective patient care, such as schizophrenia, eating disorders, substance related disorders, depression, etc. ICD-10-CM provides codes for an established diagnosis for reimbursement purposes. ICD-10-CM codes also provides statistical information and allows reporting of patient morbidity and mortality. For most medical assistants, the ICD-10-CM is the primary diagnostic coding reference.

Chapter 5 of ICD-10-CM contains codes for drug use, abuse, and dependency. In the event of an overdose (poisoning), codes are assigned from Chapter 19, Injury, poisoning and other consequences of external causes. The following gives an example of an accident with drug testing positive for opiates.

A self-employed laborer was on the roof of a single-story house replacing the guttering when he fell from the ladder. Initial visit/evaluation in the Emergency Room:

Nondisplaced comminuted fracture of shaft of left ulna S522.255A

Fall from ladder W11.XXXA

Activity: Building and construction Y93.H3

Unspecified private residence (noninstitutional) Y92.008

Opioid dependence (moderate) F11.20

(Codes must be in correct sequence for current problem being treated.)

References: National Institute on Drug Abuse (NIH) – <u>www.drugabuse.gov</u> Lisa Phipps, CCS, COC, Norton Healthcare, Louisville KY

Sandra Johnson, MS, CPC, CMA (AAMA) Southeast District sanljohn@ius.edu

ISMA State Meeting August 17, 2019 Community Hospital South 1402 E. County Line Road South Indianapolis, IN 46227

Executive Board Meeting 10:00 a.m.

Lunch 11:00 a.m. (Please bring a Dish to Share)





Workshop 12:00 to 3:00 p.m. (NO CHARGE) 3 CEUs

Topic: Sex Trafficking

Speaker: James R. Ginder, MS, NREMT, PI, CHES, NCEE
Health Education Specialist
Hamilton County Health Department

State Board Meeting 3:15 p.m.

Any questions please contact:

Karen Pershing, CMA (AAMA) ISMA Vice President klpershing@aol.com or 574-217-5948



Have you Downloaded the WebApp?

Android Phones: Using Chrome type in the website address: Insocmedasst.org hit enter and let the website appear. At The bottom of the screen you should be prompted to "add App to your home screen? Tap on it and watch your new WebApp appear! Every time you go into the Webapp make sure you refresh the page!!

IPhones: Using Safari type in the website address:

insocmedasst.org and hit enter. At the bottom of your screen you will see a box with an arrow going up-touch that and scroll over until you see the prompt "add to home screen" tap the words and touch "add" at the top of the screen and watch your WebApp appear. Don't forget to refresh the page when you go into the webapp!!

This is <u>SO</u> exciting to have the ISMA news at your fingertips!

Share with everyone!

DATES TO REMEMBER 2019-2020 ISMA STATE BOARD MEETINGS AND WORKSHOPS

ALL State Board Meetings will be held at Community Hospital South 1402 E County Line Road South Indianapolis, IN 46227

Med-A-Scoop Deadline

Meeting Date

JUNE 22, 2019 AUGUST 31, 2019 DECEMBER 7, 2019 FEBRUARY 21, 2020 AUGUST 17, 2019 NOVEMBER 2, 2019 FEBRUARY 8, 2020 APRIL 3-5, 2020

Please mail or e-mail all district news for publication directly to

Pam Neu, CMA (AAMA) 4805 East 640 South Wolcottville, IN 46795 Cell phone: 260-750-7250 Email: msneu@yahoo.com

ADDITIONAL DEADLINES

Membership Dues **December 31, 2019** to be eligible to vote at ISMA Annual

Conference

Medical Assistant of the Year Nominations by Chapters to President by January 1, 2020

and forwarded to Physician Advisors (3) by <u>February 1</u>, **2020** for judging. Award to be presented at Annual State

Conference Banquet.

Leon Levi Award Nominations to President by <u>February 1, 2020</u> for judging.

Award to be presented at Annual State Conference

Banquet.

Golden Apple Award Nominations to President by **February 1, 2020**.

Award to be presented at Annual State Conference

Banquet.

Nominating Slate (Officers) Slate of Officers to be presented at the **February 8, 2020**

State Board Meeting.

Bylaws, Standing Rules, Resolutions Any proposed changes to Bylaws, Standing Rules, Etc. must

be provided to the membership 60 days prior to Annual State Conference (**February 3, 2020**)

ISMA Officers 2019-2020 ELECTED

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Audit-Minutes Heidi Sisson, CMA (AAMA)

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Bylaws and Standing Rules Cate Gardner, CMA (AAMA)

Certification Jeni Begley, CMA (AAMA)

Continuing Education Karen Pershing, CMA (AAMA)

Council of Past Presidents Clara Poirot, CMA (AAMA) CN-BC

Credentials June Brown, RMA

Eva I. Irwin CMA (AAMA)

Medical Assistant Program Fund Sandra Johnson, CMA (AAMA), MS, CPC

ISMA Liaison/Public Policy/Affairs Tammy Daily, CMA (AAMA)

ISMA 2020 Annual Conference Sandra Johnson, CMA (AAMA) MS, CPC

Mentoring Rita Michel, CMA (AAMA)

Membership Clara Poirot, CMA (AAMA) CN-BC

Procedure Manual Paula Schubert, CMA (AAMA) CPT (IAPS)

Ways and Means Sandy Johnson, CMA (AAMA), MS, CPC

Bruce Johnson, Honorary Member

Website Development Pam Neu, CMA (AAMA)

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Recreational Water Illness

Article is from the www.cdc.gov/dotw/rwis/index.html



Recreational water illnesses (RWIs) are caused by germs and chemicals found in the water we swim in. RWIs can be involve your stomach, intestines, skin, ears, respiratory system, eyes, or nervous system. The most commonly reported RWI is diarrhea. Swallowing just a mouthful of water that contains diarrhea-causing germs can make you sick. Other germs that cause RWIs can be spread by having contact with or breathing in mists of contaminated water.

Quiz.

Key Facts

The most common RWI is diarrhea. Swallowing water contaminated with poop that contains germs can cause diarrheal illness.

Diarrheal illnesses can be caused by germs such as *Cryptosporidium*, *Giardia*, *Shigella*, norovirus, and *E. coli*.

People have an average of 0.14 grams of poop on their bottoms. This poop can wash off swimmers' bodies and can contaminate the water with germs.

RWIs can also be caused by chemicals in the water or chemicals that enter the air from the water.







Prevention Tips

We all share the water we swim in, and we each need to do our part to keep ourselves, our families, and our friends healthy. To help protect yourself and other swimmers from germs, here are a few simple and effective steps all swimmers can take each time we swim:

Keep the pee, poop, sweat, and dirt out of the water!

Stay out of the water if you have diarrhea.

Shower before you get in the water.

Don't pee or poop in the water.

Don't swallow the water.

Take kids on bathroom breaks every hour.

During breaks, check diapers, and change them in a bathroom or diaperchanging area—not poolside—to keep germs away from the pool.

Reapply sunscreen and drink plenty of fluids.

More at CDC.gov

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Pam Neu, CMA (AAMA), Editor





NOTICE- If you have a name or address change PLEASE Notify National AAMA at 1-800-ACT-AAMA or www.aama-ntl.org

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