

Med-A-Scoop

A Publication by the Indiana Society of Medical Assistants, Inc.
www.insocmedasst.org



INDIANA SUMMMER

August/September 2025



INDIANA | Society of
Medical Assistants

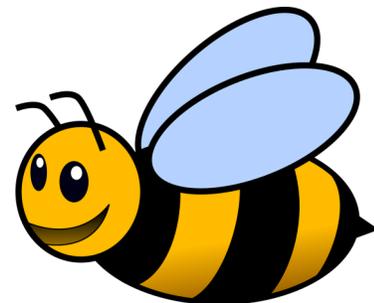


AN AFFILIATE OF THE
AMERICAN ASSOCIATION OF MEDICAL ASSISTANTS.

Indiana Society of Medical Assistants

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Medical Assistant Creed:

I believe in the principles and purposes of the profession of medical assisting.

I endeavor to be more effective.

I aspire to render greater service.

I protect the confidence entrusted to me.

I am dedicated to the care and well-being of all people.

I am loyal to my employer.

I am true to the ethics of my profession.

I am strengthened by compassion, courage, and faith.

ISMA Mission Statement:

The Indiana Society of Medical Assistants, in affiliation with the American Association of Medical Assistants, strives to:

- Promote professional growth of and identify its membership through education and credentialing
- Inspire members to provide honest, loyal, and efficient service to the public they serve and the proficient:
- Stimulate a feeling of fellowship and cooperation with the medical profession in improving public relations
- Encourage and assist medical assistants in forming component chapters.

Indiana State Medical Assistants Code of Ethics

E is for Endeavor in our duties

T is for Truthfulness in all we do

H is for Helpfulness to others

I is for Integrity in our work

C is for courteous treatment to all

S is for sincerity in our purpose

Put them all together they spell **ETHICS**,

A WORD WE MUST UPHOLD TO ATTAIN OUR GOAL

J. Marie Theobald Wilhite

Indiana Society of Medical Assistants

Dates to Remember

ALL State Board Meetings will be held at
IU Hospital North
11700 N. Meridian St. Entrance B
Carmel, IN 46032

Workshop 12 noon, Meeting Registration 3:15 p.m.
Virtual: WebEx

2025—2026 ISMA State Board Meetings and Workshops

Meeting

August 23, 2025
November 8, 2025
February 14, 2026
April 17-19, 2026

Med-A-Scoop Deadline

July 12, 2025
September 17, 2025
January 3, 2026
March 5, 2026

Email all district news, **Microsoft Word file only**,
for Med-A-Scoop publication directly to:
Pam Neu, CMA(AAMA), MBA
msneu@yahoo.com



ISMA PHYSICIAN ADVISORS

2025-2026

PHYSICIAN	YEAR(S) TO SERVE	LOCATION	TERM
Jeff Stidam, MD	3 years	Southeast District	2025-2028
Kristi Peck, MD	2 years	First District	2024-2027
William Pond, MD	1 year	Twelfth District	2023-2026

HONORARY MEMBERS

1980	Herbert Dixon*
1997	Bruce Johnson and Hubert Irwin*
2008	Earl Williams*
2013	Jack Begley and Kathy Heck
2023	James Ginder

ISMA LIFE MEMBERS

YEAR	MEMBER
1992	Bonnie Reidenbach, CMA-AC*
1994	Patricia Kennington, RN, CMA*
2005	Eva Irwin, CMA*
2011	Eulah Dearing, CMA(AAMA)*
2012	June Brown, RMA
2015	Tammy Daily, CMA(AAMA)
2018	Marjorie Mikesell, CMA(AAMA)
2024	Rita Michel, CMA (AAMA)

LEON LEVI AWARD RECIPIENTS

1988	Patricia Kennington, RN, CMA* Pauline Pinnick, CMA* Jane Seelig, CMA-A (AAMA)
1990	Bonnie Reidenbach, CMA-AC*
1991	Bettye Yard, CMA-C*
1998	Norma Harmon, CMA
2001	Eva Irwin, CMA*
2002	Eulah Dearing, CMA (AAMA)*
2010	Marjorie Mikesell, CMA (AAMA)
2013	Tammy Daily, CMA (AAMA)
2014	Sandra Johnson, MS, CMA (AAMA), CPC
2016	Rita Michel, CMA (AAMA)
2019	Pam Neu, CMA (AAMA), MBA

GOLDEN APPLE AWARDS

2000	Eva Irwin, CMA *
2003	Sandra Johnson, MS, CMA (AAMA), CPC
2004	Nancy Measell, CMA
2005	Cindy Abel, CMA
2006	Pam Neu, CMA (AAMA), MBA
2009	Jennifer Weathers, CMA (AAMA)
2010	Rita Michel, MCA (AAMA)
2012	Nina Thierer, CMA (AAMA)
2019	Sherry Braye, CMA (AAMA), BS

INDIANA SOCIETY OF MEDICAL ASSISTANTS BOARD OF DIRECTORS

OFFICE	NAME	EMAIL
President	Paula Schubert, CMA (AAMA)	Schubertpaula63@hotmail.com
Vice President	Heidi Sisson, CMA (AAMA)	banguigirl@gmail.com
Recording Secretary	Kit Stine, CMA (AAMA)	Katjalee@live.com
Immediate Past President	Dianne Wimsett, CMA (AAMA)	d.m.wimsett@hotmail.com
Treasurer	Brandi Gaumer, CMA (AAMA)	Blauderback86@gmail.com
Med-A-Scoop Manager and Website	Pam Neu, CMA (AAMA), MBA	msneu@yahoo.com

DISTRICT DIRECTORS

DISTRICT	NAME	EMAIL
East Central District	Katie Maccoux, CMA (AAMA)	kchristiema@gmail.com
First District	June Brown, RMA	jmbrown400@icloud.com
Southeast District	Joyce Edds, CMA (AAMA),	mnedds@aol.com
St. Joseph District	Karen Pershing, CMA (AAMA)	klpershing1@gmail.com
Twelfth District	Rita Michel, CMA (AAMA)	Remichel49@gmail.com

Dear ISMA Members,

Summer Has Arrived!

Yard work, sports, and all the outdoor activities we get to enjoy this time of year.

Remember to use sunscreen and stay hydrated. Also keep your pets in mind, watch the pads of your pets' paws, and make sure they have water available. Avoid the flourishing poison ivy, poison oak, and poison sumac.

Remember, to avoid sitting again for the AAMA certification exam, you may attend the education offered by ISMA, your own or any other chapter offering workshops to obtain CEU's. You only need twelve units

every year to complete your recertification. Our next ISMA meeting will be Saturday August 23, 2025, at IU North 11700 N. Meridian St. Entrance B, Carmel IN 46032. Lunch starts at 11:00 AM, education starts

at Noon, and the business meeting starts 15 minutes after the education ends. Please plan to be with us for all parts of the day. We will be discussing the 2025 HOD Delegates Packet reports, proposed resolution, and proposed bylaw amendments at this meeting. Your participation is needed to guide the future of ISMA. Please "Pay It Forward" by expressing your opinions and goals.

Remember to mark your calendars for the 69th AAMA Annual Conference Sept. 19-22, 2025, at Hyatt Regency Crystal City at Arlington VA. You can meet all the AAMA leaders, members from around the nation and the AAMA Staff. It is an opportunity to travel to obtain 20 CEU's, network with peers, and participate in the House of Delegates where decisions regarding the future of AAMA are made. The registration and room reservation information can be found on the AAMA website, aama-ntl.org. I look forward to seeing you there.

Always "Pay It Forward" as a Credentialed Medical Assistant. This is your organization, so get involved at the local, state, or national level. Dream big, watch how big the dream can become, and where it will lead you.

Paula Schubert, CMA (AAMA)
2024-2026 ISMA President



INDIANA SOCIETY OF MEDICAL ASSISTANTS
Board of Directors Meeting
June 14, 2025

Call to order The meeting was called to order by President Schubert at 2:53pm
Invocation Given by Chaplain Pershing
Medical Assistant Creed Led by Vice President Sisson
Credentials Report June Brown, RMA

__21__ registered _13__ voting power __7__ quorum __7__ majority __9__ 2/3

Secretary's Report Katja "Kit" Stine, CMA (AAMA)-Minutes published in Med-A-Scoop, no corrections were made, filed for audit

Treasurer's Report Brandi Gaumer, CMA (AAMA)-Report given and filed for audit

Correspondence Tabitha Terry, CMA (AAMA) - Notice for MGMA received. Dates are September 21-23, 2025, and will be held in French Lick Indiana. Notice from AAMA of survey request: Mediating Effect of Work-Life Balance and Burnout on Job Satisfaction. Encouraged everyone to take the time to fill this out. Letter received from Shannon Thomas, CMA (AAMA) AAMA Trustee thanking our state for inviting her to be our national representative at the state conference this year.

Presentation of Bills There were no bills presented

Officer Reports

President Paula Schubert, CMA (AAMA)- no report

Vice-President Heidi Sisson CMA (AAMA)--no report

Recording Secretary Kit Stine, CMA (AAMA)--no report

Treasurer Brandi Gaumer, CMA (AAMA)--no report

**Med-A-Scoop/
Website Development** Pam Neu, CMA (AAMA), MBA, BOT -- Website Report: The website has been updated and is ready for review. If you have any corrections or additions, please let us know. Jake Neu still needs pictures, with a neutral background from LaTress Woodley, Karen Pershing, and June Brown for the Leadership page on the website. Please send those to msneu@yahoo.com.

Med-A-Scoop Report: The latest issue of Med-A-Scoop was posted on the website. This manager thanks everyone who contributed to the issue and a big thanks for getting the material on time. Thank you to everyone who edited the issue, ensuring we have a quality product to share with ISMA members and readers from other states.

Committee Reports

Budget & Finance Brandi Gaumer, CMA (AAMA)--no report

Bylaws and Standing Rules Jane Seelig, CMA-A (AAMA)--no report

Certification Katherine Maccoux, CMA (AAMA)--Not is attendance, no report

Conference Guide Karen Pershing, CMA (AAMA)-- Updated Conference Guide was distributed at our April meeting. If you did not receive one and would like a copy, I have a few copies with me. Please advise if you have any questions or want something added to the guide. This document will be on our website.

Continuing Education Heidi Sisson, CMA (AAMA)-- The program today was “Indiana Donor Network” presented by Corinne Osinski-Carey, MS and Brianna Whitsitt, BSN RN. The program today was approved for 3 CEUs ACG. We had 16 virtually and 29 in person attendance. Certificates of Attendance are available upon request to all attendees as well as a copy of the speaker’s power point presentation upon request.

Council of Past Presidents Dianne Wimsett, CMA (AAMA)-- The Indiana Society of Medical Assistants Past Presidents last met at our Conference in April. The PIPS collected \$241.00 from our star sales. There was \$125 collected from cookie sales. We decided to donate the money from the star and cookie sales to the Riley Foundation.

Eva I Irwin CMA (AAMA)

Medical Assistant

Support Fund

Sandra Johnson, CMA (AAMA), MS, CPC—no report

Historian

Joyce Edds, CMA (AAMA), CPT (ASPT)--no report

ISMA Liaison/

Public Policy/Affairs

Tammy Daily, CMA (AAMA)--

This information is from the latest Indiana State Medical Association reports that I have received, which are April and May. The ISMA held a Training Retreat on May 16-17, 2025, for physicians at the Indiana Statehouse and the Weston in downtown Indianapolis. This first ever Training Retreat was tailored to develop and strengthen members’ Advocacy Skills and is designed to prepare physicians to advocate effectively for themselves and their patients at both State and Federal levels. A Medicaid 101 ISMA Webinar was held on May 7, 2025. This helped explain the ins and outs of Medicaid. The explanation will include how Medicaid works at state and federal level, how funding works, changes on the horizon, what might happen and when, and how it might affect ISMA members and their patients. A follow up to come in the future. Indiana is below the national average for MMR Vaccination Rate. Indiana is among 24 states with measles outbreaks. More than 735 cases have been reported nationwide, the second-worst American outbreak since the disease was declared eliminated in the U.S. in 2000. May is Mental Health Awareness Month. Indiana healthcare organizations have implemented programs to support the Physicians in Indiana to address burnout and improve work-life balance. This has and is very beneficial to the physician community. The ISMA 176th Annual Convention will be held on September 26-28, 2025, at the Embassy Suites in Noblesville, IN. We will be in attendance as in the past. As information becomes available, I will let you know. Thanks again for allowing me to be your Liaison and helping us keep updated with information from the Indiana State Medical Association.

Membership

Dianne Wimsett, CMA (AAMA)-- Indiana Society of Medical Assistants has 1095 members. This is an increase of 208 members from February. We had 887 members in February. We have 32 new CMAs since April 13, 2025

Procedure Manual Jane Seelig, CMA-A (AAMA)--no report
Ways and Means Sandra Johnson, CMA (AAMA), MS, CPC--\$110.00 was raised today for the raffle basket provided by ECDCMA

ISMA 2026 State Conference Co-Chairs: Tammy Daily, CMA (AAMA) and June Brown, RMA—
Nothing new to report today. They are still working on the details. May put a save the date flyer on the website.

Social Media Tabitha Terry, CMA (AAMA)--She is working to update the Facebook page
BOT Pam Neu, CMA (AAMA), MSA, BOT and Jane Seelig, CMA-A (AAMA)-,
Speaker of the House- The BOT met at the Grand Sierra Resort Casino and Hotel June 5 through 7, 2025. The 2025-2026 budget was approved as well as items which will be for sale at the Marketing table during the conference. The 2025-2026 candidates for office were announced during the open session of the board meeting. President no candidate, Vice President Sherry Bogar, Secretary Shirley Sawyer, Speaker of the House Claire Houghton and Jane Seelig, Vice Speaker of the House Aimee Quinn, Trustee (4 open positions) Christa Smith (MI), Janette Tyler (FL), Sandra Williams (SC). If there is not a candidate submitted to run from the floor for President by August 20, Virginia Thomas will continue as President and Monica Case as Immediate Past President. Information provided by members during the Leadership Focus Group discussions is being reviewed, and response plans are being formulated. Information about the proposed support and solutions will be announced during the Awards Banquet. We request that ISMA consider one of the sponsorship opportunities copied from the AAMA website. This is in addition to the Campaign Advertising for Jane in the Conference Onsite Program. It could be in support of both of us as BOT members. Five states submitted requests to host the 2027 AAMA conference. All the sites are being reviewed to see how well they meet the conference requirements and costs associated with hosting the event. Indiana's request was received. New State Logos: Gina Mokijewski, Marketing Director, introduced the new logo for all the states. President Schubert needs to email Gina to obtain the Indiana logo for our stationary. Thank you for your support in our participation in the AAMA Board of Trustees. Discussion was held on what our state should support at the conference. Our state already has set aside money to donate the Maxine Williams scholarship Fund each year. Karen Pershing, CMA (AAMA) moved that this year our state donate \$500 to the Welcome and Awards Celebration. This was unanimously passed.

District Reports

East Central District Tabitha Terry, CMA (AAMA)--
ECDCMA last met on 5/17/25 at IU Hospital North in Carmel IN. There were 3 CEUs offered with 2 speakers. The topics were Anorexia and PCOS. The next meeting is set for Saturday, August 9, 2025.

First District June Brown, RMA—
First District held election of officers in April with Installation in May. We will celebrate our 75th Birthday with some Past Presidents. The first District has 245 members. We are working on the 2026 State Conference.

St Joseph District Karen Pershing, CMA (AAMA)--
St. Joseph District Chapter donated to the Mishawaka Troop town. Mishawaka Troop town is a tiny home village to provide transitional housing to eight veterans facing homelessness. Veterans can stay up to two years, and will receive services for their needs, whether it be financial, educational, or employment related, to get them back on their feet. St Joseph Chapter held a three-hour workshop

Saturday, June 7, 2025. Topics were Fall Prevention, Funky Fungus, and Mental Health in the Workplace, and the speaker was James Ginder, MS, MREMT, PI, CHES, NCEE, PAI, CCHW. We had 12 members and 2 nonmembers.

Southeast District Joyce Edds, CMA (AAMA), CPT (ASPT)--

We have met a few times. In May we went to Mother's Day Tea with Dianne at her church. We of course had tea, finger foods, a silent auction, and bingo to play. As of today, we have 106 members.

Twelfth District Rita Michel, CMA (AAMA)--

The 12th District will not be meeting during the summer but will plan to have a fall meeting in September.

West Central District Jackie Raber, CMA (AAMA) BSCHA, EMT-B--

We met April 12, Anni Welborne was our speaker, the topic was Rooted & Rerooted & Resilient: Natural Self-Care for Stressful. We had 2 attendees. In May we met on the 6th, and we had 4 attendees. The topic was Physical Therapy in a Practical Sense with Paula Dodd as the speaker We planned on meeting in June but with the president's and VP family life situations, we canceled the meeting and plan to meet again in July. In July we are setting up a booth at the Tippecanoe County Fair. Date is TBD. It will be one day only. WCD has changed the meeting dates to try and get more attendance from members. We changed it to the 2nd Tuesday at 6pm for the summertime. We currently are reaching out to members by eblast and text messages.

Unfinished Business

Ad Hoc Committee-- Chair Kit Stine CMA (AAMA)--

The committee has not met since the Conference. However, at the post conference board meeting it was decided to go forward with doing raffle baskets this year rather than a silent auction at our November meeting. Each chapter will be responsible for donating a basket for the raffle. There will be a dollar limit set for the baskets and a deadline for submitting them along with pictures/details so that they can be featured in the Med-A-Scoop before the meeting. Raffle tickets will go on sale prior to the meeting so that anyone can enter even if they are not in attendance. We are excited to see how this works.

Discussion and many ideas were brought forth. The following decisions were made: The basket value for each district should be \$35-\$40, The money collected will be divided with half going to the state ways and means fund and the other half going to charity. The charity will be determined by the chapter with the most tickets in their basket/bucket. A picture of the basket, list of items in the basket for the charity that chapter would like proceeds to go to if their basket wins are due to Pam for the MAS no later than 9/24/25.

Raffle Basket Reminder

West Central will be in charge of the raffle basket for our August meeting.

Post Conference Report Rita Michel, CMA (AAMA) and Pam Neu, CMA (AAMA), MBA

Once all bills have been paid and money returned to the ISMA from the start up fund, there was a profit of \$946.34. This will be divided in half and \$473.17 will go to both the Twelfth District and the ISMA. The account will remain active so that First District and use the account this next year along with the Venmo account that is attached to it.

Final Roster The new 2025-2026 roster was distributed today. If there are any corrections to be made, please speak up. Thank you, Karen Pershing, CMA (AAMA) for printing these and bringing them today.

Eva I Irwin, CMA (AAMA) Medical Assistant Support Fund Recipient Recognition—Kristine Turpin, who is currently attending Ivy Tech Community College in Evansville, was this year's recipient. There is a copy of the letter she submitted in the May/June Med-A-Scoop.

NEW BUSINESS

Election Nominating Committee: Karen Pershing, CMA (AAMA) chair, Kit Stine, CMA (AAMA), Clara Poirot, CMA (AAMA) Rita Michel, CMA (AAMA) and Joyce Edds, CMA (AAMA), CPT (ASPT)

Excel Awards Paula Schubert, CMA (AAMA) has already submitted for Med-A-Scoop and Website

MGMA This will be skipped this year as no one is available to attend. Unfortunately, this overlaps with the AAMA National conference.

Announcements **Med-A-Scoop Deadline: July 12, 2025**

Next Meeting: August 23, 2025

IU North Hospital
11700 N Meridian St
Entrance B, rooms A, B, C and D
Carmel, IN 46032

Other Important Dates:

Indiana State Medical Association Conference

September 26-28, 2025

Embassy Suites

Noblesville IN

AAMA Annual Conference

September 18-22, 2025

Hyatt Regency Crystal City at Reagan National Airport
Arlington, VA

Indiana Society of Medical Assistants Conference

April 17-19, 2026

New Harmony Inn

New Harmony, IN

AAMA Annual Conference

Sept 14-17, 2026

The Grand Sierra Resort and Casino
Reno, Nevada

Adjournment President Schubert adjourned the meeting at 4:43pm

Submitted by: Kit Stine, CMA (AAMA)

ISMA Board of Directors Meeting

August 23, 2025

15 minutes following workshops

Call to Order Paula Schubert, CMA (AAMA), President
Invocation LaTress Woodley, CMA (AAMA) – Chaplain
Medical Assistant Creed Heidi Sisson, CMA (AAMA), Vice President
Credentials Report June Brown, RMA or Karen Pershing, CMA (AAMA)

____ Registered ____ Voting Power ____ Quorum ____ Majority ____ 2/3

Secretary's Report Kit Stine, CMA (AAMA)
Treasurer's Report Brandi Gaumer, CMA (AAMA)
Presentation of Bills Paula Schubert, CMA (AAMA), President
Correspondence Jane Seelig, CMA-A (AAMA), Corresponding Secretary
Officers' Reports President – Paula Schubert, CMA (AAMA)
Vice-President – Heidi Sisson, CMA (AAMA)
Recording Secretary – Kit Stine, CMA (AAMA)
Treasurer – Brandi Gaumer, CMA (AAMA)
Med-A-Scoop/Website Development – Pam Neu, CMA (AAMA), MBA

Committee Reports
Budget & Finance - Brandi Gaumer, CMA (AAMA)
Bylaws & Standing Rules – Jane Seelig, CMA-A (AAMA)
Certification – Katherine Maccoux, CMA (AAMA)
Conference Guide – Karen Pershing, CMA (AAMA)
Continuing Education – Heidi Sisson, CMA (AAMA)
Council of Past Presidents – Dianne Wimsett, CMA (AAMA)
Eva I Irwin CMA (AAMA) Medical Assistant Support Fund - Sandra Johnson, CMA (AAMA), MS, CPC
Historian - Joyce Edds, CMA (AAMA), CPT (ASPT)
ISMA Liaison/Public Policy/Affairs – Tammy Daily, CMA (AAMA)
Membership - Dianne Wimsett, CMA (AAMA)
Mentoring – Pam Neu, CMA (AAMA), MBA
Procedure Manual – Jane Seelig, CMA-A (AAMA)
Social Media—Tabitha Terry, CMA (AAMA)
Ways & Means - Sandra Johnson, CMA (AAMA), MS, CPC
ISMA 2026 State Conference – Co Chairs Tammy Daily, CMA (AAMA), June Brown, RMA

Director Reports
East Central District – Katie Maccoux, CMA (AAMA)
First District – June Brown, RMA
St. Joseph District – Karen Pershing, CMA (AAMA)
Southeast District – Joyce Edds, CMA (AAMA), CPT (ASPT)
Twelfth District – Rita Michel, CMA (AAMA)
West Central District – Jackie Raber, CMA (AAMA), CBSCHA, EMT

ISMA Board of Directors Meeting August 23, 2025, Continued

Unfinished Business	Ad Hoc Committee—Kit Stine, CMA (AAMA)
New Business	Raffle Basket—Souper Saturday Nov. 8, 2025--All Districts will bring a basket Delegates Packets Delegate Assignments
Announcements	Med-A-Scoop Deadline – September 17, 2025 Next Meeting – November 8, 2025 Other announcements?
Adjournment	Paula Schubert, CMA (AAMA), President

Santa Bruce may be on vacation now, but he is getting ready for December!



He does a lot of craft shows around Charlestown, IN. If you have a special request, see him soon.

Do you think he will show for our ISMA November meeting?

Help Keep Those in Need Warm This Winter

Donate at the August ISMA Meeting!

The Indiana Society of Medical Assistants is joining the AAMAs effort to support those in need through a donation drive benefiting the Department of Health Services

Arlington, VA area. You are encouraged to donate new or gently used **coats, hats, gloves, scarves, socks,** or **gift cards** to help make a difference in the lives of the vulnerable.

We invite you to bring your donations to the **August ISMA meeting**, and we will ensure they are delivered to DHS Arlington, Virginia, during the AAMA National Conference.

If you are attending the **AAMA Annual Conference in September 2025**, you may take your donations, and they will be given to Department of Health Services-Arlington.

Your generosity can help bring warmth, comfort, and hope to those who need it most.



[This Photo](#) by Unknown Author is licensed

Thank you for your support!

ISMA CODING CORNER

The Centers for Disease Control and Prevention (CDC) has released an updated vaccine guide for both healthcare providers and patients for 2024-2025. The list is as follows:

- *COVID-19 (SARS-CoV-2) vaccine, mRNA-LNP, 10 mcg/0.2 ml 50 and above – One dose every autumn (for now – that may change!) Code 91323
- *Influenza (H5N1), cell culture-derived, adjuvanted, intramuscular – 50 and above – One dose every fall, ideally in September or October. Code 90635
- *RSV, monoclonal antibody, seasonal dose– 75 and above (60 if patient has a chronic heart, lung, or immune system issue.) Patients with diabetes should check with their physician. Code 90382
- *Shingles – 50 and above. Two dose series, one time, each given two-six months apart. Code 90750
- *Pneumococcal – 65 and above; 50-64 for those with underlying medical conditions. There are two types of this disease: Conjugate PCV13 (CPT 90670; PCV15 (CPT 90671); PCV20 (CPT 90677), PCV21 (CPT 90684).
- *Tdap/Td Booster – First dose in childhood; boosters throughout adulthood. With this vaccine, patients were less likely to develop Alzheimer’s disease compared to those who were unvaccinated.

Many patients ask “Why get these vaccines? “

- *70-85% of flu-related deaths are in people over 65. Statistics show only 7 out of 10 adults 65 and over got a flu shot last year. Even if you get the flu after getting the shot, you will get a milder form of the disease. The flu vaccine is also associated with a 30% lower risk of heart attack.
- *With shingles, (herpes Zoster), the vaccine was 83% effective in reducing the risk of serious disease. If you have had chicken pox as a child, there can be a painful rash and blisters. Of note, the shingles vaccine “is associated with a significantly lower risk of dementia for at least 6 years after vaccination and more than 90% effective at preventing the disease.”
- *Pneumococcal – one in six older adults who get pneumococcal meningitis die from the disease.

On a personal note, I have had shingles and it was the worse condition I ever experienced. Much more painful than my hip fracture after slipping on ice in our local Kroger parking lot or more recent knee replacement surgery this year!

Reference: American Medical Association
BC Advantage; March/April 205, Issue 20.2 www.billing-coding.com

Sandra Johnson, MS, CMA-AAMA, CPC, Southeast District



**BOT REPORT FOR THE
INDIANA SOCIETY OF MEDICAL ASSISTANTS
July-August 2025**

The Board of Trustees is very busy preparing for the 2025 Annual Conference and House of Delegates in Arlington Virginia September 19-22, 2025. The Delegates packet will be emailed and posted on the AAMA website August 2, 2025. There will be a tab on the website dedicated to information about the House of Delegates with resource documents as well.

We want to encourage all members to consider what they can do to contribute to the future of all levels of AAMA by participating in organized activities and taking advantage of leadership opportunities. The first step is to attend workshops and meetings. Next is to consider giving your time and talents to assist leaders in achieving goals. The reward you will realize from the time spent in chapter, state or national activities is amazing. Personal and professional growth cannot be measured. Your supervisors and peers will find you to be more self-confident and competent in your job performance. Participation is an investment in your future with immeasurable benefits. For a front row experience of how decisions are made and actions taken by AAMA complete the Volunteer Leadership form which you can find on the AAMA website or contact either of us.

All credentialed medical assistants are eligible for membership so talk us up to your peers. Anyone joining after September 1 gets benefits for the rest of 2025 and all of 2026. Tangible benefits are publications, discounted or free CEUs, Beneplace marketing discounts and legal support. Intangible benefits are networking, the right to practice protection, and a wealth of peer support and mentoring.

Thank you for your support and encouragement as we move forward to completing our Board of Trustees responsibilities this year.

Pam Neu, CMA (AAMA), MBA
2024-2026 Trustee

Jane Seelig, CMA-A (AAMA)
2024-2025 Speaker of the House



ADDITIONAL DEADLINES

Membership Dues	<u>December 31, 2025</u> , to be eligible to vote at ISMA Annual Conference
Medical Assistant of the Year	Nominations by Chapters to President by <u>January 1, 2026</u> , and forwarded to Physician Advisors (3) by <u>February 1, 2026</u> , for judging. Award to be presented at Annual State Conference Banquet.
Leon Levi Award	Nominations to President by <u>February 1, 2026</u> , for judging. Award to be presented at Annual State Conference Banquet.
Golden Apple Award	Nominations to President by <u>February 1, 2026</u> . Award to be presented at Annual State Conference Banquet.
Nominating Slate (Officers)	Slate of Officers to be presented at the <u>February 15, 2026</u> , State Board Meeting.
Bylaws, Standing Rules, Resolutions	Any proposed changes to Bylaws, Standing Rules, Etc. must be provided to the membership 60 days prior to Annual State Conference (February 3, 2026)



DOWNLOAD THE ISMA WEBSITE LINK!

Instructions for Android and iPhone:

Android Phones: Open Chrome and type in the website address: Insocmedasst.org—hit enter and let the website appear. Tap the menu icon (3 dots in upper right-hand corner) and tap Add to home screen. **Every time you go into the Web link, make sure you refresh the page!**

iPhone: Using Safari type in the website address: Insocmedasst.org and hit enter. At the bottom of your screen you will see a box with an arrow going up-touch that and scroll over until you see the prompt “add to home screen” tap the words and touch “add” at the top of the screen and watch your Web link appear. **Don’t forget to refresh the page each time when you go into the web link!**

**Official Newsletter of the
Indiana Society of Medical Assistants, Inc.
An Affiliate of the American Association of Medical Assistants**

NOTICE- If you have a name or address change
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